

## Working well with paid support

Enjoy letting go of the things that you found difficult, hold on to the things that you love

Enjoy letting go

Be respectful in acknowledging boundaries

Remind people that the need for relationship between people is crucial for the vision of the person to be understood & supported. This relationship does not require or guarantee friendship (but neither does it mean that a friendship cannot grow). Friendships within the community can however be intentionally supported.

Be open, respectful, continuous in the way we are with each other

Be fair and decent in your dealings with each other

Find ways to pass on important information, in good time, clearly and with confidence that its import is understood

Model an appreciation of equality for example by checking yourself for unconscious condescension, bias, assumptions

Don't take for granted the amount that you know and assume that experience that's ordinary for us is available easily for everyone else. Give people a chance to learn, help them see your uncommon sense

Look for opportunities to recognise personal autonomy

Help people look for intentional connections by being clear about what those intentions are

Be patient or decisive when needs be

Be clear about what your family idea of a good life are, your core values and goals for this point in time and look for alignment, congruence, common purpose, consistency

Lead from wherever it is that people can learn most; sometimes that's before and sometimes it's after, sometimes we model from behind and sometimes from the front

None of us are infallible; there are any ways of looking at the world and sometimes we might not see a full picture and all of us may have done things in the past that we might now regret

Make time when listening to someone, to check with them that you have heard what they wanted to say

Trust your gut, don't hesitate; you will more likely regret what you didn't do and you can only learn from the experience of what you did do

Trust your gut

Keep checking in, keep it ordinary, make it comfortable, be friendly and helpful

Invest in trust, Nurture relationship